

## Former Richmond wrestler looks to become teacher in home town

By: Xavier Nuckles

Moving from the mat at Richmond to the mat at Olivet, alumnus Preston Treend is living a new life at Olivet College.

Treend graduated in the class of 2010.

While in high school, he was involved in a variety of activities including clubs and sports.

He was a football player and wrestler for the Blue Devils and had many accomplishments while doing these sports.

Treend said, "I was selected as the Detroit Free Press Athlete of the Year, and I was All-State in wrestling my senior year."

Treend played the positions of receiver and safety on the high school's football team.

He placed fifth in the state tournament his senior year and was a two-time BWAC champ. In his senior year, Treend was a team captain on the wrestling which won a MHSAA state championship in Division Three.

He did make a change of weights throughout the years.

Treend wrestled 112 as a freshman, 119 as a sophomore, 130 as a junior, and 135 as a senior while wrestling at RHS.

Treend was also a great student-athlete graduating with a 3.8 GPA out of high school.

His clubs included the Science Olympiad team, NHS and Newsaper.

Treend was a part of the Science Olympiad for all four years of high school.

He was also the historian for the

National Honors Society, and a sports editor for the RHS newspaper, The Blue Devil's advocate.

Treend did enjoy his time at Richmond.

When asked about his experience at Richmond, Treend said, "All I can do is look back and smile."

After attending RHS, Treend decided to attend Olivet College, which is located near Battle Creek. Treend had other choices for his college, but they did not make the cut as he went to Olivet.

Treend said, "I was being recruited to wrestle at Mercyhurst; I looked at CMU and MSU but I decided to go to Olivet. They have a good history in wrestling, and it was a good school for teaching."

One of the reasons he went to Olivet was to be a college wrestler. This was a much different experience for Treend compared to Richmond.

Treend said, "It was definitely a change from Richmond. It was different going to tournaments and not having that huge crowd of supporters, but I had a great experience, made a lot of friends wrestling, won a few matches and the team was really successful."

The Olivet team won the Academic National Championship in the past two years, has been ranked in the top twenty in the past two years, and won regionals twice throughout his time at Olivet.

The transition for Treend from Richmond wasn't too much for him. Treend said, "College practices weren't a shock. I trained at that intensity all 4 years of high school. In the mental aspect I felt like I was

ahead of my teammates because of the grueling seasons."

Just as he did at RHS, Treend grew to bigger weight classes.

While at Olivet, Treend wrestled in the 141 pound weight class as a Freshman, 141/149 as a sophomore, 157 as a junior, and finished as a 174 pounder his senior year.

To honor his senior year and his teammates' senior year, Olivet hosted a meet dedicated to the seniors at home.

Treend said, "We had a meet dedicated to the seniors at Olivet. It was an awesome experience. We have 11 seniors, and we were able to make a 10 man lineup, purely seniors. It was awesome to weigh in and win as well."

His senior season, he was injured. Treend tore his meniscus wrestling and doctors said he could not wrestle.

However, Treend was able to weigh in on this night towards the end of the season.

Treend, "It was great to weigh in, but kind of a disappointment. My teammate that wrestles this weight class got hurt, so he wasn't able to wrestle."

Treend was Radio Personality for the School's radio, channel 89.1 WOOR.

He was also the president of the Student Athlete Advisory Council (SAAC).

This council provides a voice for student-athletes of Olivet and the NCAA.

While a member of SAAC, he participated in community service and organized events and activities on campus.

On the academic side, Treend has made the Dean's List every semester, which requires a student to maintain a 3.5 GPA.

Treend is planning to become a teacher after graduating from Olivet. RHS did give Treend some tools that he was able to use while attending Olivet.

Treend said, "High school gave me a passion for learning. I decided I wanted to go into teaching when I realized that passion. I then saw the difference the great teachers I had made. I decided that was how I wanted to change the world."

Treend said, "I want to teach at Richmond; it's been my dream ever since I graduated."

He is currently majoring in social studies and chemistry for secondary education. This means he will be teaching grades 6-12.

Treend said, "I feel enthusiastic. I feel like I can relate to high school students pretty well, and I am pretty well versed when it comes to my content areas."

He has put a lot of work into preparing to become a teacher.

He has logged 75 hours in class observation at different levels and at different schools.

The future teacher said, "I've been compiling a binder full of lesson plans for social studies and chemistry to help me prepare. I've also spent time talking to teachers about the nuts and bolts, job market, workplace, and what I need to do to be successful."

Treend said, "Richmond has prepared me well to become successful in my career."

### "On the places we'll go" Continued from page 2

Several students have put that they would like to enter the medical field.

Anna Fraser, senior, plans on being a dermatologist

"I'm attending the University of Michigan in the Fall of 2014 where I will pursue a degree in bio-molecular science," she said.

Bio molecular Sciences is a rapidly developing discipline in the modern life sciences and focuses on the understanding of cellular processes at the molecular level.

"I want to become a Dermatologist, so this degree will get me ready for medical school," said Fraser. "At the end of it all, I expect to be in college for 12 years."

Amanda Hugo, senior, also plans on pursuing a degree in medicine. She was accepted to Ferris State University, where she plans to study pharmaceuticals

"I'm going to go to Macomb Community College for my basics, but then I'm transferring to Ferris and

enroll in their honors pharmacy program," said Hugo.

Hugo has always known she wanted to study medicine of some kind, but she decided on pharmaceuticals last year, when she found that she excelled in chemistry and algebra.

After seeing a presentation about the career, she knew that was what she was going to do.

"It sounded like it was for me," said Hugo.

Hugo plans to get the most out of her college experience.

"Some of my goals for college would be to make good, lifelong friends and try new experiences," she said.

Megan Hambaum, senior, shares similar feelings towards college.

"I plan on trying harder than I actually did in high school," she said.

Hambaum wants to obtain a social work degree.

"My plans right now are to start at Macomb for two years, then transfer to a university to finish off," said Hambaum, who is looking at either Oakland University or Central Michigan University.

She was inspired to enter this field after she saw her sister go for the same degree.

She said, "Just the fact that there's people out there who are in bad homes and can be in a better one and I can be helping with that, makes me want to do this."

Hambaum thought the wall was a good idea. "To be honest I stopped and looked at everyone's."

"And will you succeed? Yes! You will, indeed! (98 and 3/4 percent guaranteed.)"

Mrs. Michon said one of the purposes of the wall was to let people who are undecided still know they are not alone.

"I am hoping that this will encourage those seniors who are undecided that it was okay or give them some ideas. I wanted to stress the importance of going on to college," she said.

She plans on doing the wall again next year.

"I have had a positive response from the senior class. They really like it," said Mrs. Michon.

Hugo agreed.

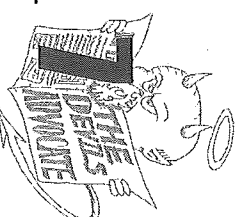
"I think it's cool to see what everybody's plans are and where we'll all be going because we've all grown up together," she said.

Hambaum had similar thoughts.

"It's nice to see what everyone has planned for themselves after being with most of them for the past 12 years," she said.

"You're off to Great Places! Today is your day! Your mountain is waiting. So...get on your way!"

# In Our Opinion



**Blue Devil's Advocate**

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**Mission Statement**  
Richmond High School's student newspaper, The Blue Devil's Advocate, strives to serve the student body and provide a public forum to make their ideas heard to the school and community. Our goal is to provide both accurate and balanced stories in order to heighten understanding, entertain, and inform.

**Letters**  
We invite readers to share their thoughts with us by writing to the Editor. See the drop off box in the library or you may email us at: mmurphy@richmond.k12.mi.us. Include your name, address, and grade level.

## Staff Editorial:

### To try or not to try? That is the question

Ugh. Standardized testing. The ACT. It's like a having a really bad cold, but no one lets you nap or brings you soup.

While everyone else is at home, sleeping in, watching movies and enjoying a mostly responsibility-free day, juniors take one of the most important and stressful tests of their lives.

Then they're expected to do it again the next day.

And the next day.

It's the MME.

It's a test that doesn't help determine what we do after RHS or the scholarships we could get. It doesn't benefit us at all, at least not in the future planning juniors and seniors are so focused on. Instead, it impacts our school.

The teachers we love.

Our community.

So often, when the ACT melts our brains into gooey piles of mush, all we can think about is how we'd give up at least two numbers on the test for a nap. And ice cream.

The thought of coming back and taking tests for two more days is miserable, dreadful, the cruelest punishment possible.

This is why most students don't try as hard on the MME.

Students spend one long day worrying about their futures, but sometimes, in the aftermath of the stress, forget about how the things they do impact others.

This is why the school needed to take action.

The MME is important to teachers and administrators, so they needed to make it important to students.

If students try harder and pass each exam, we get to BYPASS ON SENIOR EXAMS, an EXCUSED SENIOR SKIP DAY and the possibility of WINNING PRIZES in a raffle.

That's quite a bargain.

So, yes, you will spend three days coughing out bubble sheets and blowing essay prompts out of your nose, but look at what you'll get in return.

Having these tangible rewards gives the MME more meaning to students.

Some people would probably call these incentives bribes.

But this is such a harsh word for a good thing.

Think about all of the awesome teachers we have here – the ones that inspire you to learn every day and who believe in you always. The ones who sacrifice their own time to help you or make sure every person in class understands.

When you do poorly on these tests, it makes these teachers look incompetent, inadequate and bad even if they aren't. Low test scores make our school seem like a school that doesn't teach, even though this is the furthest thing from the truth.

So, if you don't work harder for the sake of the incentives, do it for you favorite teacher, because they deserve to be recognized and praised for all that they do for us.

Is that incentive enough?

## Question of the Week

~\*~

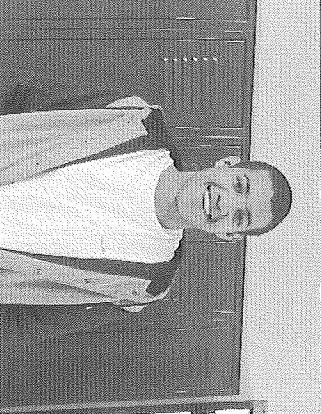
If a leprechaun gave you a pot of gold, what would you do with it?

### Staff



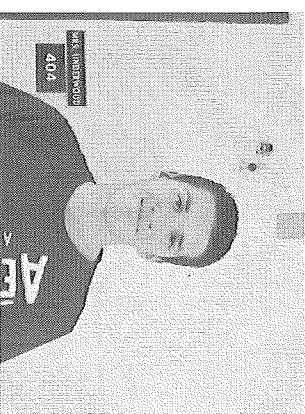
Mrs. Volpe is missing the green, so she would go on a vacation.

### Senior



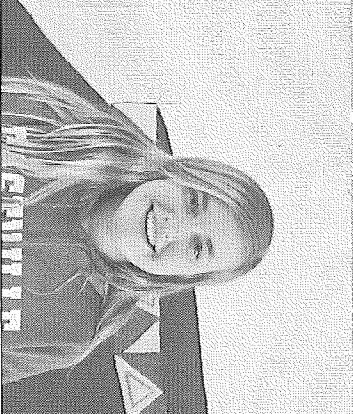
Dionte Hampton is more interested in green money than green shamrocks, so he would invest it.

### Junior



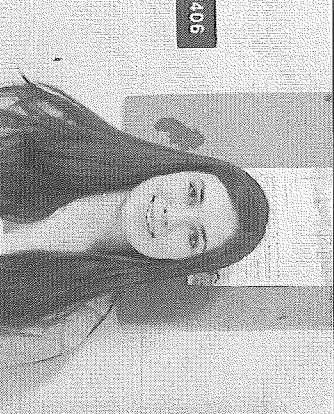
Conner Hill would give to those who haven't felt the luck of the Irish through charity... but would also indulge in a new car.

### Sophomore



Hayley Lauderbach would like a new house at the end of the rainbow.

### Freshman



Katlyn McCullough would leprechaun dance all the way to the bank.

## The Negatives of Standardized Testing

**By: Jonah Vandenburg**  
Staff Writer

Tick tock, tick tock, tick tock...

Standardized testing takes a toll not only on student's school lives but also their mental, physical and emotional states.

Daniel Edelman cited from the book Foundations Of Psychology,

"Excessive standardized testing actually produces disturbed sleeping patterns, tiredness, increased worry, irregular eating habits, increased infections and an extreme inability to concentrate."

This kind of toll on students is not healthy at all.

The testing started on Tuesday with the ACT, followed by the Work Keys on Wednesday and finishing with the MME on Thursday.

Along with the consecutive days of stress, students have so many expectations set for them on all of these tests. Each test has a set amount of time students are required to complete the testing in.

Not only is the time an issue, but students are also expected to get such high scores on the test or they do not get good offers and options for their futures.

Students are pressured into believing these tests determine everything in their lives.

This pressure leads to extreme stress in the students' lives.

It is believed students who have the

most pressure on them from the testing, actually will have worse results. This is because they overthink each question and overanalyze the questions.

The relaxed kids are the ones who will have better results on the test.

But can these students relax when there is so much pressure and stress lying on their shoulders?

Along with pressure, comes intense preparation.

Students have to prepare not only for the test, but for the day itself.

There are set expectations for the test day itself; students should eat a balanced meal the night before and the morning of, they should get at least a full 8 hours of sleep the night before, and lastly, they should spend a significant amount of time studying for the test.

The extreme preparation also puts an additional amount of stress on the kids' minds.

Stress brings on a student more than just mental exhaustion, but shows to be physically and emotionally exhausting.

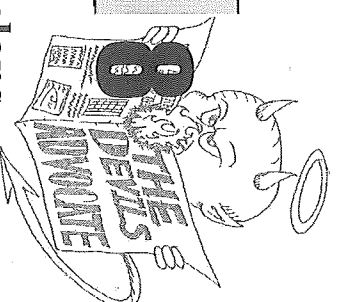
The stress and pressure put on these students is extremely unhealthy and is not good for their overall health.

In the future, we can hope to see changes in the tests so less pressure is on students and they can perform better.

Will we see the day this happens?  
Who knows?  
But the time is ticking...



## STORIES ON CAREERS



### Betcher gearing up with auto-tech

By: Jacob Thomas  
News Editor

High school offers many learning opportunities for students. Throughout the past decade, the focus for high school students has shifted towards a hands-on learning environment based on the use of technology.

Pankow, a sub-school of the L'Anse Creuse district, is designed to help individuals increase their ability in a specific career field. A range of classes is offered from culinary arts to gaming design.

RHS senior John Betcher enjoys the experience Pankow provides him.

Betcher takes an auto-tech class at Pankow that allows him to broaden his understanding of repairing vehicles.

"This is my first year at Pankow. I chose to take this class because it was not offered at Richmond," said Betcher.

Most students take courses at Pankow because of an interest in a particular career field. Pankow provides experiences to situations similar to having a job; however, Betcher took the class for other reasons.

"I really just wanted to change up the usual and see different people. I thought it would be a good experience for myself," said Betcher.

The auto-tech class at Pankow gives students the experience they need to be able to work on vehicles.

"We have done some motor work, but we have mostly just learned the different systems of cars. We work mostly on braking and steering and suspension

The auto-tech class at Pankow gives students the experience they need to work on vehicles.

"We have done some motor work, but we have mostly just learned the different systems of cars. We work mostly on rebuilding braking and steering and suspension systems," said Betcher.

Not only does Pankow provide experience in a career field, but it also gives students other benefits as well.

"There are more opportunities, more people and I get a break in my schedule," said Betcher.

Although Betcher does not plan on being an auto-technician, he likes the experience the program has provided his understanding of vehicle maintenance.

Betcher considered the options of other classes as well.

"I considered botany and culinary arts," said Betcher.

Culinary arts is one of the most popular classes at Pankow.

Botany is a branch of biology that focuses on the growth and production of plant life.

"The most popular classes at Pankow are culinary arts, auto-tech, and Xbox programming," said Betcher.

"Pankow has given me a lot of experience however, being an auto-tech is not something I am looking to pursue in the future. I honestly did not plan on taking the class in the beginning of the year. It's more or less something I had to take and just wanted to learn. I am glad I ended up in the class because I do enjoy it," said Betcher.

### Thompson and Hambaum learning about children

By: Peter Owen  
Advertising Editor

High School students have a wide variety of classes to choose from. Anywhere from AIS to Pankow, students are able to make decisions based on what they want to do in the real world.

The Daycare Program at Pankow is a great experience for students. Not only do students learn about how children act, they also learn hands-on how to teach them.

Riley Thompson and Megan Hambaum, seniors, are both in the Daycare program.

"On a daily basis, we make lesson plans for the preschoolers. This takes a lot of patience because the kids don't usually want to listen," said Hambaum.

Thompson and Hambaum discuss with the teacher lesson ideas for the day. The class then uses the ideas to see how children react.

Students that are a part of the program are required to teach preschoolers. They play fun games while working on motor skills.

Thompson said, "We do hands-on activities such as arts and crafts. We also work on their motor skills while doing so."

She has learned how to teach kids using games to better their motor skills as well as thought process. It may take the kids a while to understand the games, but when they get the hang of it, it is solely beneficial.

The games are either made by students or the instructor. Students participate in these games at times as well as show the children how to play

"The lesson plans is what makes up our grade so it is important that they are well thought out and prepared daily," said Thompson.

By doing so, students learn how to get kids to cooperate.

Not only are the children benefiting from this program, but the students are as well. Students taking this daycare class can prepare for what they want to do in the future if it involves young kids.

Thompson said, "This class is beneficial for my future because I might want to be a child psychologist."

As a result, she has seen how children act and what affects them in different ways.

While preparing for their future, students have a lot of fun playing with the kids.

Students enjoy seeing the children on a daily basis.

"They may be a handful on a daily basis, but they sure do make us smile," Thompson said.

### Nichter cookin' up plans for life

By: Elizabeth Urban  
Features Co-Editor

Ever since she was a little girl, Hannah Nichter, junior at Richmond High School, has known she wanted to be a baker.

"When I was little I used to want to open my own bakery and that is still a reality today," said Nichter.

To help jump start on that dream, Nichter enrolled in the culinary program, named the Creuse Cafe, at the Frederick V.

Pankow Center, a part of the L'Anse Creuse school district. For this school year and the next, Nichter will be a part of the hands-on learning restaurant that's inside the school.

"I hope to gain experience for possible opportunities dealing with this field," said Nichter. Having this experience on a resume when looking for jobs in restaurants puts a competitive edge on the individual.

Each day, Nichter along with several other individuals from Richmond, board the school bus to travel to L'Anse Creuse.

There, they spend an hour learning from Chef Scott Satterly, an experienced chef that has been working with the school for the past few years. With lots of experience, he is able to teach the students many different skills needed in the kitchen.

Different tasks the students could do include cold line, hot line, bakeshop, dishwasher, servicing the customers, and bakeshop. In cold line they prepare things like salads or certain appetizers. Entrees are cooked in the hot line. Bakeshop is where they prepare for the day's breads and other desserts. Dishwashing is all the cleaning up there is to do. With serving the customers, students act as waitresses and waiters and assist the customers needs, getting them drinks and what ever else they request.

Every two weeks the students rotate stations.

"I've only done cold-line so far which is good experience, but I'm really looking forward to doing bakeshop," said Nichter. She went on to say that it will be nice to get a jumpstart on the work she wants to do for a job one day.

The Creuse Cafe is now open to the public.

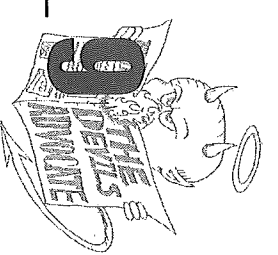
Nichter said, it's important to be good at what you do otherwise you could make mistakes in the kitchen and that's a problem there are real customers and their money goes into it

Other skills the students learn are things like restaurant management, slicing techniques and using professional kitchen equipment in a safe learning environment.

"My dream job in this field is to become a pastry chef but the more I learn about cooking in general, I enjoy it and would be open to pursuing that," said Nichter.

"Learning how versatile food can be and all of the different things you can make with it are really interesting."

Nichter plans on attending a local community college before getting accepted into a culinary school. This class has helped her get on the right path to follow her dreams.



**MONTHLY**  
**"MUST-SEES"**

Comedy: Ride Along  
5:15, 7:40, 10:00  
Drama: Tyler Perry's the Single Moms Club  
1:00, 5:00, 7:30, 10:00  
Action: Non-Stop  
12:50, 4:00, 5:00, 6:50, 7:25, 9:15, 9:50  
Animation: Mr. Peabody & Sherman  
1:45, 4:00, 6:30, 8:45

Source: www.movies.com

**Would you rather?**

Would you rather kiss a leprechaun or do a leprechaun dance in front of the whole school?  
*Brandon Stein, junior would rather do a dance.*

Would you rather eat a field of shamrocks or a pot of gold?  
*Eric Donato, freshman, would rather eat a field of shamrocks.*

Would you rather taste the rainbow or slide down it?  
*Nicole Hulme, senior, would rather taste the rainbow.*

**LUCKY CHARM'S EATING CONTEST**



**Olympics Opinion**

By: Xavier Nuckles  
Opinion Co-Editor

Sochi.

A place where no one would have thought the 2014 Winter Olympics would be.

However, Russia won the bid for this Olympics and ended the Olympics with the most medals. The opening at Sochi had a bit of a spoof however.

One of the light up rings in the upper section did not expand like the rest. Although an embarrassment, the Russians made a joke about it as a formation of per-

formers formed the Olympic rings and the one was purposely left closed.

The closing ceremony was well organized and was great to watch. It even included some humor. The mascot of the Sochi Olympics, the giant bear blowing

"Looks like the opening ceremony and closing ceremony about world brotherhood went up in flames and down the drain."

The closing ceremony also featured many cool fireworks and dancing performances that will be hard to beat at the next Winter Olympics.

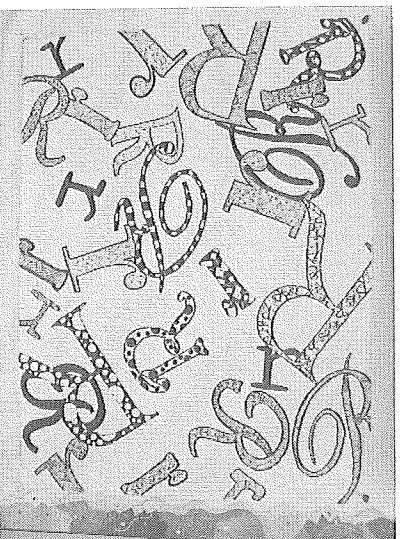
Although the Russians brought home the most amount of medals, the American team did very well.

USA came home with 28 medals. This put them in second behind the Russian Federation in the medal count. Overall, the Olympics were very successful at Sochi. It was one of the most expensive and pompous Winter Olympics yet. The Russians did a good job of hosting it.

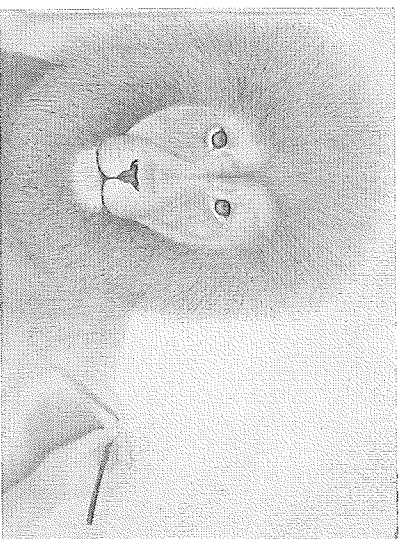
It's such a shame though that the Russians don't treat their neighbors the same as they do the Olympic athletes.

Looks like the opening ceremony and closing ceremony about world brotherhood went up in flames and down the drain.

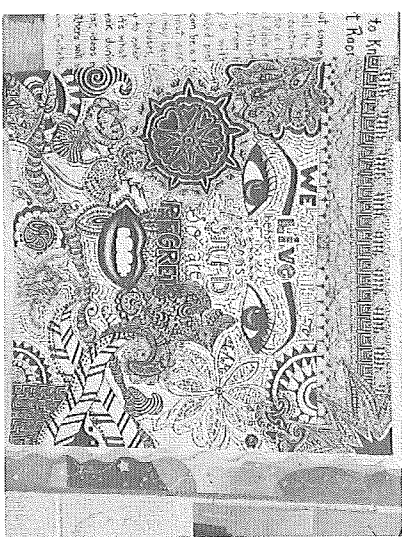
**Show us your stuff!**



Rachel Lozowski  
10th



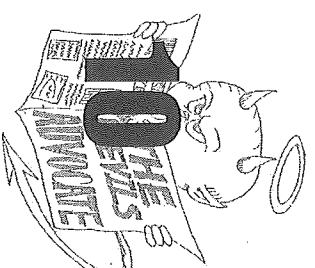
Carley Carroll  
10th



Casey Malburg  
12th



# Features and News



## Get your film on!

### Students filming events around RHS and town

By: Samantha Schafer  
Opinion Editor

Lights. Camera. Action!  
Have you ever watched Richmond TV on Comcast channel 12?

If you have, you have probably seen the work of RHS students Erika Schafer, Matthew Bauman, Odin Defazio and Michael Wood. Bauman, a junior, said, "We record various town activities like Board and Historical Society meetings, games and town focuses, which are interviews with different townspeople, like someone from the church and the robotics team."

They are employed by Richmond TV, which is subcontracted by the City of Richmond, and is run by Jason Robbins.

"I've been working with students for seven years now. Usually, I have one or two to help me, but in the past year, we have expanded to five at one time. This allows us to do more multi-

camera productions while giving the students a chance to do something different," Robbins said.

Schafer, a sophomore, first heard of the job from Mr. Murphy, who recommended her to Robbins.

The rest of the current student filming workers heard of and received their jobs through networking.

Before they could start working, they had to go through training.

Robbins said, "I have them come to my office and immediately get a camera in their hands and show them each button and switch. After that, I put them in the field and show them how to properly frame a shot and other techniques."

Now, they schedule about 2-10 events per month and work about 3-5 hours per event including the time it takes to bring equipment to the site and set everything up.

"We have two kinds of different productions: field work like sporting events, concerts and board meetings. Then there are shows like Community Focus where it is more like a studio setting. It is a similar setup with three or more cameras, but usually lighting

becomes involved. Currently, that is the only show we produce that is in the studio setting," Robbins said. Schafer's favorite events to film are soccer games.

"I thought soccer games were fun. We got to be on top of the press box and we could see everything. Also, I didn't need to learn any of the rules of the game like I had to for football games. I just had to follow the ball with the camera," Schafer said.

However, Bauman's liked Historical Society meetings. "It was really interesting because they showed a lot of old pictures and explained the history behind them," Bauman said.

Even though they like filming, it's not all fun and games.

Schafer said, "It's not easy because there are different techniques that you have for different events and there are rules about what we can and can't film." It's very important that they get these rules and techniques down, because

*"I am very excited, Richmond is an excellent town*

*that deserves a Public*

*Access Channel to provide information and entertain."*

*- M. Robbins*

there are some big plans for Richmond TV.

"Our boss was trying to put together a team because the State Police moved out of the station and Richmond TV acquired a room and we are going to be setting up a TV station," Bauman said.

This station will hopefully run 24/7 and will open up more opportunities for RHS students.

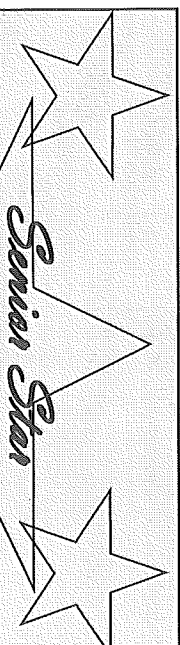
Robbins said, "When we have more time, one of the things I would like to do is work with the school to create an after school program where Richmond High School Students create a weekly news program like Mt. Clemens has with Bath City Beat."

One of his goals is to show off RHS sports.

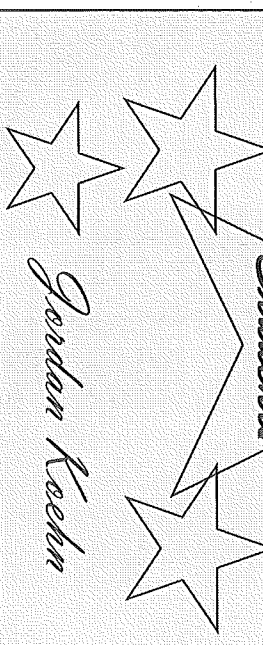
"Another show I would like to do is a weekly or bi-weekly program showcasing Richmond High School Sports. Showing highlights and talking to the student athletes and coaches. I'm open to try anything if anyone has any suggestions also," Robbins said.

It's all very exciting, particularly for Robbins.

Robbins said, "I am very excited, Richmond is an excellent town that deserves a Public Access Channel to provide information and entertain."



Senior Stars  
Students



Jordan Keen



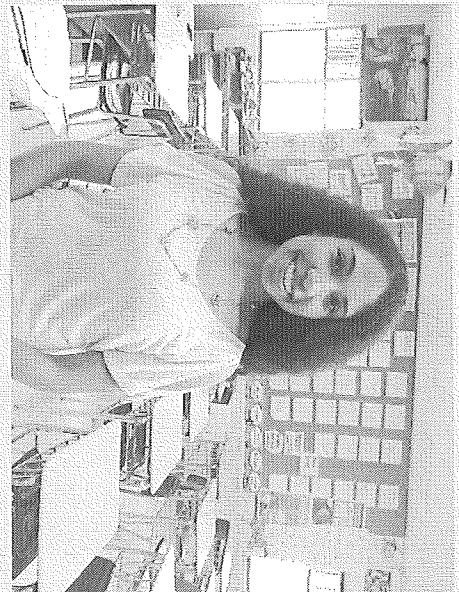
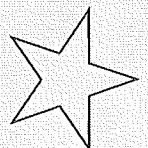
Favorite subject: Psychology

Favorite activity outside of school: Reading

Role Model: Dad

Plans after high school: Attend Grand Valley

Majiah Baabi



Favorite subject: Anatomy and Physiology

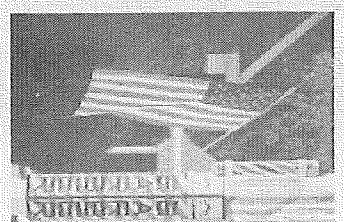
Favorite activity outside of school: Baking

Role Model: Mom and Grandma

Plans after high school: Go to college and become a doctor

**GREY'S BARBER SHOP**  
HOURS:  
TUES. - THURS. 8 - 6  
FRIDAY 8 - 7  
SATURDAY 8 - 4  
CLOSED MONDAY

69347 Main St. - Richmond  
586 727 1515



Features

March 18, 2014